



# STUDENT MENTAL HEALTH RESOURCES

Adapted from resources created by the Senior Vice Provost for Academic Affairs, University Health and Counseling Services, and the Office of Prevention and Education at Northeastern in collaboration with Northeastern Active Minds

# RESOURCES

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Resource	Purpose	Information
<u><a href="#">University Health and Counseling Services</a></u> * 617.373.2772 Forsyth Building, 1st Floor	For students looking for medical care or mental health services	Dedicated daily walk-in hours are <ul style="list-style-type: none"><li>• available for mental health support. See website for hours.</li><li>• Please be aware UHCS does not provide sick notes for missed classes or assignments.</li></ul>
<u><a href="#">Northeastern University Police Department</a></u> Emergency: 617.373.3333 Non-emergency: 617.373.2121 716 Columbus Ave.	For urgent intervention including immediate concerns for health or well-being.	<ul style="list-style-type: none"><li>• NUPD officers can respond urgently to emergency situations.</li><li>• NUPD can provide after-hours guidance.</li></ul>
<u><a href="#">Find@Northeastern</a></u> * 877.233.9477 (U.S.) +1.781.457.7777 (Int'l).	For students looking for immediate or 24/7 mental health services.	<ul style="list-style-type: none"><li>• Students can access an immediate connection to a licensed mental health clinician, available at any time from any location.</li></ul> Find also offers referrals to free therapy in the local community.

*\*Indicates a confidential resource. Confidential staff do not have an obligation to report disclosures of sexual violence to the Office for University Equity and Compliance/Title IX.*

Resource	Purpose	Information
<p><b><u>We Care</u></b>  617.373.7591  wecare@northeastern.edu  354 Richards</p>	<p>For students looking for support or assistance with a difficult circumstance (e.g. interpersonal problems, academic concerns, medical or mental health issues, a personal tragedy).</p>	<ul style="list-style-type: none"> <li>◆ We Care is a network of administrative offices, university faculty, and staff that serve as a support system for students during times of difficulty or challenge.</li> </ul>
<p><b><u>Office for University Equity and Compliance</u></b>  ouec@northeastern.edu  125 Richards Hall</p>	<p>For students looking to make a report or considering making a report related to sexual violence or any other form of harassment or discrimination.</p>	<ul style="list-style-type: none"> <li>◆ The OUEC investigates all allegations of discrimination.</li> </ul>
<p><b><u>Office of Prevention and Education at Northeastern*</u></b>  617.373.4459  open@northeastern.edu  307 Ell Hall</p>	<p>For students struggling with substance use.</p>	<ul style="list-style-type: none"> <li>◆ Students can self-refer to OPEN to talk about their substance use.</li> <li>◆ OPEN can make referrals for more high level care.</li> </ul>

Resource	Purpose	Information
<p><b><u>OPEN's Sexual Violence Resource Center *</u></b>  open@northeastern.edu  407 Ell Hall</p>	<p>For students who have experienced sexual violence and are looking for resources, referrals, or to discuss reporting options.</p> <p>For students who are looking to support a friend who has experienced sexual violence.</p>	<ul style="list-style-type: none"> <li>• The SVRC can be a place for students to start if they don't know what to do.</li> <li>• The SVRC is not an ongoing counseling service.</li> </ul>
<p><b><u>Confidential Resource Advisor *</u></b>  cra@northeastern.edu</p>	<p>For any student who is a respondent in a Title IX case or who has been accused of sexual violence and is looking for resources.</p>	<ul style="list-style-type: none"> <li>• The CRA can accompany students throughout the Title IX process.</li> <li>• The CRA can explain options and connect students to resources.</li> <li>• The CRA is not an ongoing counseling service.</li> </ul>
<p><b><u>Disability Resource Center</u></b>  617.373.2675  TTY: Contact DRC via Relay 711  20 Dodge Hall</p>	<p>For students seeking accommodations for a disability.</p>	<ul style="list-style-type: none"> <li>• DRC staff can guide a student through the process of applying for accommodations and navigating university systems.</li> </ul>

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## Resource

## Purpose

## Information

**Office of the Graduate  
Ombudsperson**

617.373.6904 (office)

617.545.7989 (cell)

graduateombuds

@northeastern.edu

For graduate students who want to discuss concerns related to university experience, speak off the record about concerns, and identify options for resolving conflicts informally.

- ◆ The Ombudsperson for Graduate Students serves as a confidential, neutral, and informal resource for graduate students seeking to address concerns that may be impacting their studies.